

CONVENIENT CHOPPED SALAD

- 1 (5-8-ounce) (4 cups) package mixed leafy greens
- 4 hard-cooked eggs, chopped
- ½ cup chopped, grilled chicken
- ½ cup low-moisture, part skim mozzarella cheese, cubed in ¼-inch pieces
- 1 cup chopped tomato
- ½ cup chopped sweet red or green pepper, mushroom and/or avocado
- 2 tablespoons chopped green onions
- 2 tablespoons reduced fat real bacon bits
- Reduced Fat Salad Dressing of your choice

In a large bowl, toss together all ingredients and top with favorite low-fat dressing. Salad may also be served in individual bowls with dressing served on the side.

Yield: 4 servings.